

Is college in your future?



Whether you have a definite answer to this question or not, these classes will help you make the most of your high school years, and prepare you to enter college armed with the strategies and information you need. You will develop tools to stay organized and learn study strategies to make your studying more efficient. You'll learn how to retain information, how to manage your time, and success strategies that align with your strengths. These are core skills that can be applied across all subject matters and set the foundation for a successful academic career. You'll also learn about your personal areas of strength, and how to use your strengths to reach goals.

Focus on Executive Functioning, Social Interaction, Self-Regulation and Self-Advocacy as it pertains to students on the Autism spectrum. These classes are offered by the Autism Spectrum Navigators Program at Bellevue College, are designed in collaboration with the University of Washington's DO-IT program, and made possible by a grant from the Bellevue College Foundation. Designed for autistic students ages 9th grade through entering college.

Registration is now available at www.bellevuecollege.edu/autismspectrumnavigators/summer-bridge-to-college/! Classes held on the Bellevue College Main Campus in the D Building, Room D274B.

Autism Spectrum Navigators at Bellevue College ♦ 3000 Landerholm Circle SE, Bellevue ♦ D125E (Library Media Center)
Phone: 425-564-2764 ♦ Email: asn@bellevuecollege.edu ♦ <http://www.bellevuecollege.edu/autismspectrumnavigators/>
Like us on Facebook: <https://www.facebook.com/ASNavigators>

Entering 9th grade & 10th grade

“College Planning Starts Now” Monday – Thursday, July 13-16, 2015; 12:30 - 4 p.m.

Is college in your future? Find your answers to that question, and why college might be a good idea. You'll assess your interests and learning preferences, so you can leverage your strengths for academic success right now. You'll learn about managing the ups-and-downs of mood, energy levels, and motivation, too. We'll explore working in groups; and how you can use this skill right now to build your resume for college acceptance. You'll learn important study strategies, as well as how to advocate for yourself and take part in your individual education plan. \$240

Entering 11th grade & 12th grade

“Take Charge of Your College Plan” Monday – Thursday, July 20-23, 2015; 12:30 - 4 p.m.

What can you do in 11th and 12th grades to prepare for College? This class will help you learn more about yourself and your interests, and help you choose classes that will keep you on the path towards your college goals. You'll learn important study strategies, as well as how to advocate for yourself and take part in your individual education plan. You'll also learn about working in groups; an important college skill. College is different from High School, and after this class, you'll understand how and why. You'll learn about managing the ups-and-downs of mood, energy levels, and motivation, too. \$240

