Neurodiagnostic Technology Program
Polysomnography Scoring Evaluation

Type of Sleep Study Performed:

<table>
<thead>
<tr>
<th>Type</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Always</td>
<td>5</td>
</tr>
<tr>
<td>Frequently</td>
<td>4</td>
</tr>
<tr>
<td>Occasionally</td>
<td>3</td>
</tr>
<tr>
<td>Seldom</td>
<td>2</td>
</tr>
<tr>
<td>Never</td>
<td>1</td>
</tr>
</tbody>
</table>

Comments

I. Staging
   a. Awake
   b. Stage I
   c. Stage II
   d. Stage III
   e. Stage IV
   f. Stage REM

II. Respiratory Disturbances
   a. Hypopneas/Upper Airway RERA
   b. Apneas
      1. Obstructive
      2. Mixed
      3. Central

III. Periodic Leg Movements (PLMs)
   a. No consequence
   b. Arousals
   c. Awakenings

IV. Sleep Analysis
   a. Sleep efficiency index
   b. Percentages of sleep

V. Respiration Analysis
   a. Respiration Disturbance Index (RDI)
   b. Apnea Index
   c. Longest Apnea
   d. \( S_2O_2 \)
   e. CPAP/BiPAP Remarks
   f. Other

VI. PLM Analysis
   a. PLM Index
   b. PLM Arousal-Awakening Index

VII. MSLT
   a. Sleep Latency
   b. REM Latency

VIII. Artifacts
   a. Recognition
   b. Scoring with Artifacts

IX. Other
   a.
   b.

Evaluator’s Signature: ____________________________  Student’s Signature: ____________________________

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